

**Fourth Sunday after the Epiphany
Youth Sunday
St. Brigid Celebration
February 2, 2025
10:00 am**



Emmanuel Episcopal Church

Welcome to Emmanuel!

We are a welcoming community where the dignity of every human being is respected, and we are so very happy you are here. Everything you need to participate in today's service can be found in this bulletin – the people's parts appear in **bold type face**.

A special welcome to our visitors! Please consider filling out a visitor card found on the table behind the back pew, or in the vestibule; your completed card can be placed in the offering basket or handed to an usher. Our clergy look forward to personally welcoming you.

Do you require accommodations during your time at Emmanuel? *Magnifying Lenses* are available to help with what may be considered small print in the bulletin and *ear plugs* for those sensitive to the crowd or music volume. A *Sensory Basket* can be found in the narthex containing noise cancelling headphones, a picture schedule for Holy Eucharist, as well as other sensory items. If you need use of our *Quiet Space*, please let an usher know. *If you require other specific accommodations, please let us know – we are happy to help make your worship experience more comfortable.*

If you are curious about what it means to be a Christian in the Episcopal tradition, we invite you to contact our Associate Rector, Rev. Jennie M. Leahey, who would love to chat with you and answer any questions you might have (youthdirector@emmanuelonhigh.org).

For families:

Please visit our *Children's Corner* – located in the corner of the narthex – for items your child might need throughout the service. Children's bulletins, worship bags, and laminated children's worship schedules are available; please return these items at the conclusion of the service for reuse.

Nursery service is available for children up to 4 years of age every Sunday from 9:00 am to 11:30 am. Please see an usher for directions to the nursery. The nursery is closed July, August, and occasional church holidays.

Godly Play, EEC's children's formation curriculum, is offered for children ages pre-K through 5th grade during the 10:00 am worship service (academic year only). Following the Collect of the Day, participating children may follow the crucifer carrying the cross to the parish hall for formation; they will return at The Peace.

2024-25 Program Calendars

Children's Faith Ministry *CHAOS*



Emmanuel Episcopal Church records sounds, images, and video at its services and events. If you and your child(ren) are in attendance, you will be part of these recordings and videos. These recorded images may be used in church publications, marketing, and promotional material, and on web and social media sites operated by the Emmanuel Episcopal Church.

*For more information about Emmanuel's people and/or programs,
please visit us on the web at: emmanuelonhigh.org*

Fourth Sunday after the Epiphany

Youth Sunday

*Our liturgy from the Book of Common Prayer is included in this leaflet for your convenience. The people's parts are in **bold typeface**.*

Prelude

Processional

Morning Has Broken

Bunesson

1 Morn - ing has bro - ken like the first morn - ing; black - bird has
 2 Sweet the rain's new fall, sun - lit from heav - en, like the first
 3 Mine is the sun - light! Mine is the morn - ing, born of the

spo - ken like the first bird. Praise for the sing - ing! Praise for the
 dew - fall on the first grass. Praise for the sweet - ness of the wet
 one light E - den saw play! Praise with e - la - tion, praise ev - 'ry

morn - ing! Praise for them, spring - ing fresh from the Word!
 gar - den, sprung in com - plete - ness where God's feet pass.
 morn - ing, God's re - cre - a - tion of the new day!

The Holy Eucharist
The Word of God
Book of Common Prayer p. 355

Celebrant Blessed be God, holy, glorious, and undivided Trinity.

People **And blessed be God's reign now and forever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
Amen.

S86

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e
e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -
le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.
Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

The Collect

(A prayer for each Sunday.)

Celebrant God be with you.

People **And also with you.**

Celebrant Let us pray. Everliving God, we rejoice today in the fellowship of your blessed servant Brigid, and we give thanks for her life of devoted service. Inspire us with life and light, and give us perseverance to serve you all our days; through Jesus Christ our Lord, who lives and reigns, one God, for ever and ever. **Amen.**

Please be seated.

The Lessons

(God's Word read from Holy Scripture.)

At that time Deborah, a prophet, wife of Lappidoth, was judging Israel. She used to sit under the palm of Deborah between Ramah and Bethel in the hill country of Ephraim, and the Israelites came up to her for judgment. ⁶She sent and summoned Barak son of Abinoam from Kedesh in Naphtali and said to him, “The Lord, the God of Israel, commands you, ‘Position yourself at Mount Tabor, taking ten thousand from the tribe of Naphtali and the tribe of Zebulun. I will draw out Sisera, the general of Jabin’s army, to meet you by the Wadi Kishon with his chariots and his troops, and I will give him into your hand.’” Barak said to her, “If you will go with me, I will go, but if you will not go with me, I will not go.” And she said, “I will surely go with you; nevertheless, the road on which you are going will not lead to your glory, for the Lord will sell Sisera into the hand of a woman.” Then Deborah got up and went with Barak to Kedesh.

Reader Hear what the Spirit is saying to God’s people.
People **Thanks be to God.**

Psalm 138

I give you thanks, O Lord, with my whole heart;
before the gods I sing your praise;

**I bow down toward your holy temple
and give thanks to your name for your steadfast love and your faithfulness,
for you have exalted your name and your word
above everything.**

On the day I called, you answered me;
you increased my strength of soul.

**All the kings of the earth shall praise you, O Lord,
for they have heard the words of your mouth.**

They shall sing of the ways of the Lord,
for great is the glory of the Lord.

**For though the Lord is high, he regards the lowly,
but the haughty he perceives from far away.**

Though I walk in the midst of trouble,
you preserve me against the wrath of my enemies;
you stretch out your hand,
and your right hand delivers me.

**The Lord will fulfill his purpose for me;
your steadfast love, O Lord, endures forever.
Do not forsake the work of your hands.**

A Reading from Paul's First Letter to the Corinthians

1 Corinthians 1:26-31

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to abolish things that are, so that no one might boast in the presence of God. In contrast, God is why you are in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

Please stand as you are able.

Sequence Hymn

We Sing a Song to Brigid

Maloney & Hegarty

Chorus: D Am D Am D Am D

We sing a song to Bri-gid, Brig-id brings the spring. A -

G A Bm C D C D

wa - kens all the fields and the flowers and calls the birds to sing. _

D Am D Am D Am D

1 All were wel - come at her door, no one was turned a - way. _ She

G A Bm C D C D

1 loved the poor, the sick and the sore, she helped them on their way. _

D Am D Am D Am D

2 She laid her cloak out on the ground and watched it grow and grow, In

G A Bm C D C D

2 wells and streams and fields of green St. Bri - gid's bless - ings flow. _

The Gospel (*The stories of Jesus according to Matthew, Mark, Luke and John.*)

The Gospel

Matthew 6:25-33

Celebrant The Holy Gospel of our Savior Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by worrying can add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ For it is the gentiles who seek all these things, and indeed your heavenly Father knows that you need all these things. But seek first the kingdom of God and his righteousness, and all these things will be given to you as well.

Reader The Gospel of our Savior.
People **Praise to you, Lord Christ.**

The Homily

The Rev. Jennie M. Leahey

The Nicene Creed

BCP p. 358

(We believe in the Trinity; Father, Son and Holy Spirit.)

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
was incarnate of the Holy Spirit and the Virgin Mary,
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

(We lift up to God the needs of the world, our neighbors, the sick and the poor.)

In peace, we pray to you, Lord God.

For all people in their daily life and work; **For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world; **For all who work for justice, freedom, and peace.**

For the just and proper use of your creation; **For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble; **For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God; **For all who proclaim the Gospel, and all who seek the Truth.**

For all bishops and other ministers; **For all who serve God in his Church.**

For the special needs and concerns of this congregation, especially those on our prayer list. Hear us, Lord; **For your mercy is great.**

We thank you, Lord, for all the blessings of this life. We will exalt you, O God our King; **And praise your Name for ever and ever.**

We pray for all who have died, especially Dave Konesni, friend of Nancy Kuhn, Leonard and Patricia Kline, friends of Sandy Esquivel, and the precious lives lost in Wednesday night's DCA crash; may they have a place in your eternal kingdom. Lord, let your loving-kindness be upon them; **Who put their trust in you.**

We pray to you also for the forgiveness of our sins. Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. **Amen.**

Celebrant O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

The Peace

(We acknowledge one another as a sign of Christ's love.)

Celebrant The peace of Christ be always with you.
People **And also with you.**

Welcome and Announcements

Offertory Sentence

Celebrant O Lord our God, you are worthy to receive glory and honor and power; because you have created all things, and by your will they were created and have their being.



Thank you to all who support our church and ministry to our parish members and broader community. If you do not already support Emmanuel's efforts, we invite you to please place your contribution in the offertory collection basket passed by the ushers during the service, go to Emmanuel's website to give electronically, www.emmanuelonhigh.org, or mail your contribution to the church office. You may also scan the QR code with your smart phone to be taken straight to Emmanuel's online giving site.

Offertory

"The Lone Wild Bird"
Barbie Frank, Cantor

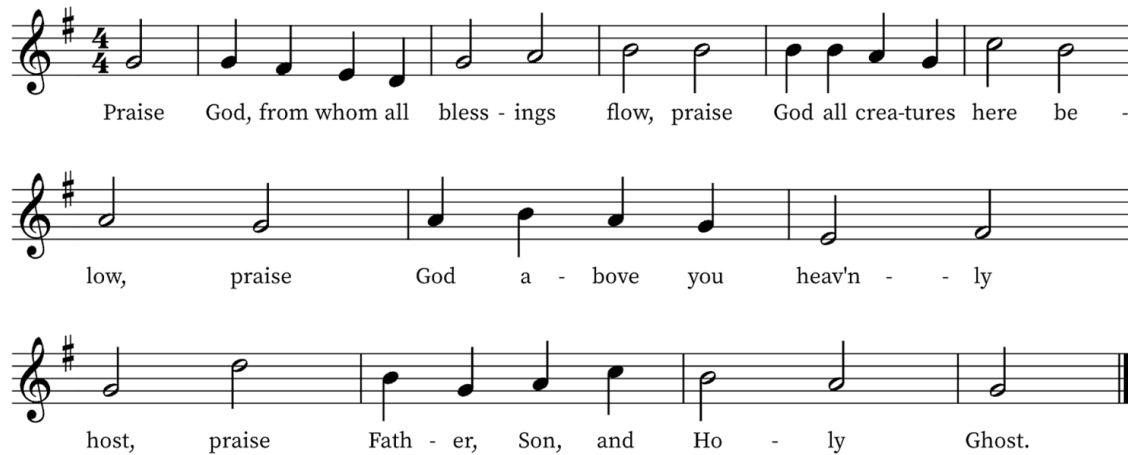
Prospect

*The lone, wild bird in lofty flight is still with Thee, nor leaves Thy sight.
And I am Thine! I rest in Thee. Great Spirit, come, and rest in me.
The ends of the Earth are in Thy hand, the sea's dark deep and far off land.*

Please stand as you are able and remain standing while the offerings are presented and placed on the Altar and for The Great Thanksgiving.

The Presentation of Offerings

Old 100th



Praise God, from whom all bless - ings flow, praise God all crea-tures here be -
low, praise God a - bove you heav'n - - ly
host, praise Fath - er, Son, and Ho - ly Ghost.

The Holy Communion

(We remember Jesus' Last Supper with his disciples in a sacred meal of bread and wine. Blessed by the Holy Spirit we become the Body and Blood, the hands and feet of Christ to do God's work in the world.)

The Great Thanksgiving

Form 1, BCP p. 402

(A prayer for blessing the bread and wine.)

The Celebrant faces them and says

God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

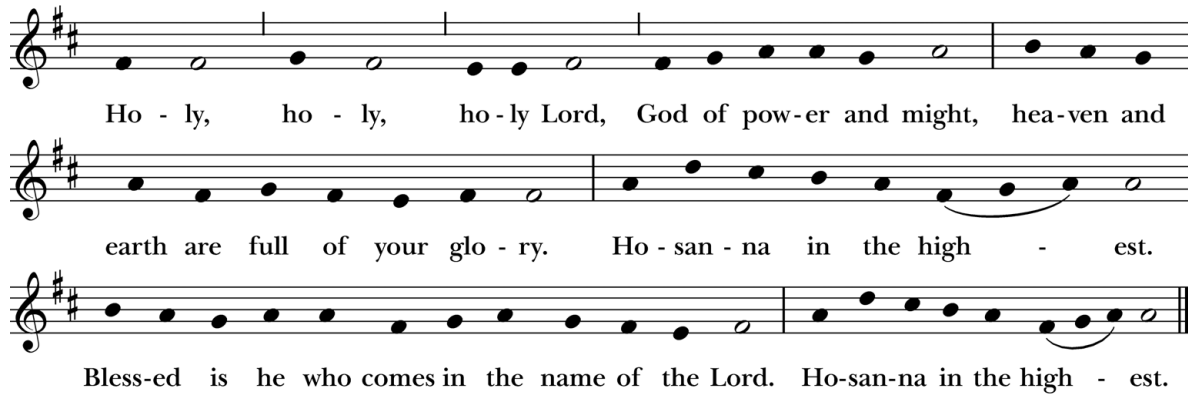
It is right, and a good, and joyful thing to give thanks to you, Father Almighty, Creator of heaven and earth. Almighty God, you have surrounded us with a great cloud of witnesses: Grant that we, encouraged by the good example of your servant Brigid, may persevere in running the race that is set before us, until at least we may with her attain your eternal joy; through Jesus Christ, the pioneer and perfecter of our faith, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

And so we join the saints and angels in proclaiming your glory, as we sing,

Celebrant and People

Sanctus 124

(“Sanctus” means holy. A song of praise to God.)



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The Celebrant continues

We give you thanks, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son.

And so, Father, we bring before you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take eat; This is my Body, which is given for you. Do this in remembrance of me.”

After supper, he took the cup of wine, gave thanks and said, “Drink this, all of you: this is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Father, we now celebrate the memorial of your Son. By means of this holy bread and cup, we show forth the sacrifice of his death and proclaim his resurrection, until he comes again.

Gather us by this Holy Communion into one body in your Son Jesus Christ. Make us a living sacrifice of praise.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

The Lord's Prayer

(The prayer Jesus taught to his disciples.)

Celebrant And now, as our Savior Christ has taught us, we are bold to say

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

(The priest breaks the bread as a symbol of Christ's body broken for us.)

Fraction Anthem S161

David Hurd

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

The Invitation

(All are welcome at God's holy table.)

Celebrant Come to this altar, you who have much faith and you who would like to have more; you who have been here often, and you who have not been here for a long time; you who have tried to follow Jesus, and you who have failed. Come, it is Christ who invites us to meet him, here. **Amen.**

All who seek God and are drawn to Christ are welcome to Holy Communion. At the 8:00 am service, please kneel at the communion rail to receive Holy Communion. At the 10:00 am service please follow usher instructions and stand in two lines in front of the sanctuary to receive.

Hold out your hands to receive the sacrament. You may dip (intinct) the consecrated host in the wine or drink from the common cup. If you prefer not to receive the consecrated wine, simply pass by the minister offering the chalice and proceed back to your pew.

Gluten free wafers are available; please say "gluten free" when you are offered the sacrament. Grape juice is available for those who prefer it to wine. When you approach the chalice bearer, please say "juice".

If you wish to receive a blessing instead of Holy Communion, please cross your arms over your chest to indicate you would prefer a blessing instead.

If you wish to receive Holy Communion in your seat, please notify an usher.

Gsus Leader or All G D C

1 Blest are they, the poor in spir - it; theirs is the
 2 Blest are they, the low - ly ones; they shall in -
 3 Blest are they who show mer - cy; mer - cy
 4 Blest are they who seek peace; they are the
 5 Blest are you who suf - fer hate, all be -

Dsus D7 Gsus G Gsus G

king - dom of God. Blest are they,
 her - it the earth. Blest are they who
 shall be theirs. Blest are they, the
 chil - dren of God. Blest are they who
 cause of me. Re - joice, be glad;

D C Dsus D Gsus G

full of sor - row; they shall be con - soled.
 hun - ger and thirst; they shall have their fill.
 pure of heart; they shall see God.
 suf - fer in faith; the glo - ry of God is theirs.
 yours is the king - dom; shine for all to see.

Refrain All C D7 G D Em G C G

Re - joice and be glad! Bless - ed are you;

Am A D C D7 Em Em7

ho - ly are you! Re - joice and be glad!

C Dsus D C G

Yours is the king - dom of God!

Please stand as you are able.

The Post-Communion Prayer

(We thank God for strengthening us with this holy meal.)

Celebrant Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food, in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing

(God's blessing on our ministry and service for the week to come.)

Celebrant May green be the grass you walk on, may blue be the skies above you, may pure be the joys that surround you, may true be the hearts that love you, and the blessing of God Almighty, the Father, the Son, and the Holy Spirit be among you, and remain with you always. **Amen.**



1. Lord, you give the great com - mis - sion: "Heal the
 2. Lord, you call us to your ser - vice: "In my
 3. Lord, you make the com - mon ho - ly: "This my
 4. Lord, you show us love's true mea - sure: "Fa - ther,
 5. Lord, you bless with words as - sur - ing; "I am



sick and preach the word." Lest the church ne -
 name bap - tize and teach." That the world may
 bod - y, this my blood." Let us all, for
 what they do, for - give." Yet we hoard as
 with you to the end." Faith and hope and



glect its mis - sion, and the gos - pel go un -
 trust your prom - ise, life a - bun - dant meant for
 earth's true glo - ry, dai - ly lift life heav - en -
 pri - vate trea - sure all that you so free - ly
 love re - stor - ing, may we serve as you in -



heard, help us wit - ness to your pur - pose
 each, give us all new fer - vor, draw us
 ward, ask - ing that the world a - round us
 give. May your care and mer - cy lead us
 tend and, a - mid the cares that claim us,

Refrain

with re - newed in - teg - ri - ty.
 clos - er in com - mun - i - ty. }
 share your chil - dren's lib - er - ty. } With the Spir - it's
 to a just so - ci - e - ty. }
 hold in mind e - ter - ni - ty. }

gifts em - power us for the work of min - is - try.

Dismissal

(The service has ended. See you next Sunday!)

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia!

People **Thanks be to God. Alleluia, Alleluia!**

Postlude

Our Sunday service here has ended: our service in the world has just begun.

Ministry of Worship for February 2

Youth Sunday

10:00 AM

Celebrant & Homilist: The Rev. Jennie M. Leahey

Music Director: Ryan Fitch

Cantor: Barbie Frank

Acolyte: TBD

Bell Ringer: Christian Beale

Youth Readers: Ben Flaaen, Norah Hastings, Logn Beale

Prayers & Chalice: Nancy Kuhn

Chalice: Meredith Wade

Usher: Pat Hadley

Counters: Bill Allison, TBD

Stream Team: Richard Bogacz

Altar Guild: Christina Bartley, Irene Harris, Brigid Christenson

Vestry Greeter: Nancy Dupree

Coffee Hour Host: Monica Selcik, Anne Wheaton

Ministry of Worship for February 9

10:00 AM

Celebrant & Homilist: The Rev. Charles C. McCoart, Jr.

Music Director: Ryan Fitch

Music: Adult Choir

Acolyte: Ben Chriss

Bell Ringer: TBD

Reader: Barbie Frank

Prayers & Chalice: Kate Bartholomay

Chalice: Meredith Martino

Usher: Brian Bartholomay

Counters: Jim Bradley, Bill Allison

Stream Team: Will Reinke

Altar Flower Dedication: TBD

Altar Guild: Peggy Conner, Kim Scott, Susan Cruz, Rachael Cruz, Sarah Hastings

Vestry Greeter: Anne Reinke

Coffee Hour Host: Grace Pratt

We Are Here for You

Emmanuel Church is a community of faith which seeks to nurture and support individuals and families in every stage of life and circumstances. If you or a member or your family are in need of prayer or letters of encouragement, assistance with meals or transportation, or any other kind of support, please contact Nancy Dupree, Chair of the Compassionate Care Team at nsdupree@live.com.

Weekday Worship Services

Wednesday Morning Holy Eucharist Held at 11:00 am in the chapel.

Daily Offices These are offered via Zoom (Zoom.us)

See the links below for specific services; links will also be in the Thursday e-news.

Monday Morning Prayer 8:00 am – Meeting ID: 86897298151 Passcode: 666629

Tuesday Evening Prayer 5:30 pm – Meeting ID: 89949956707 Passcode: 047544

Thursday Compline 9:00 pm – Meeting ID: 84727433610 Passcode: 100209

Brigid (Bride) of Kildare

from Holy Women, Holy Men

Next to Patrick, Brigid is the most beloved of Irish saints. Born in Fauchart about the middle of the fifth century, she may have met Patrick as a young girl. She was said to be the daughter of Dubhthach, poet laureate of King Loeghaire, and was reared in a Druid household. She decided early in life to dedicate her life to God along as a Christian. She received a nun's veil from Bishop Macaile of Westmeath.

Gathering around her a group of women, Brigid, in 470, founded a nunnery in Kildare, a place whose name meant "Church of the Oak," Here had flourished the cult of a pagan goddess, from which it was said to have derived from sacred fire, which she and her successors maintained. To secure the sacraments, Brigid persuaded the anchorite Conlaed to receive episcopal ordination and to bring his community of monks to Kildare, thus establishing the only known Irish double monastery of men and women. Brigid actively participated in policy-decisions in church conventions. One story has it that she received episcopal orders, which may reflect only the fact that she exercised jurisdictional authority that was customarily wielded by medieval abbesses.

Many stories are told of Brigid's concern for the poor and needy. When a leper woman asked for milk she was healed also of her infirmity. Two blind men were given their sight. Best known is the tale that tells of Brigid's taming of a wolf at the request of a local chieftain whose pet dog had been killed accidentally by a peasant. The Gaelic name given to the oyster-catching bird, *galle-brigade*, attests to her affinity for birds. Her feast day itself, February 1, was long held sacred as Imbolg, the Celtic festival of Spring.

Brigid died about 523 at Kildare, outside whose small cathedral the foundations of her fire-house are still shown to tourists. Her remains are said to have been re-interred, at the time of the Danish invasions of the ninth century, with those of Patrick, at Downpatrick.

Brigid, also known as Bride, was very popular both in Scotland and England, where many churches have been dedicated to her. The best known of them is that church which was designed by Christopher Wren on Fleet Street in London. In Wales, Brigid achieved fame under her Gaelic name Ffraid.

Announcements

Boyle School of Irish Dance Performance TODAY, February 2 the delightful Irish Step Dancers from the Boyle School of Dance will perform at coffee hour in the Parish Hall following the Youth service.

New Outreach Opportunity: Foster the Family Respite 2025 has brought a new outreach partnership to the Emmanuel family, in the form of hosting and providing resources/support for Foster the Family's "Kids Day Out" respite events. Foster the Family is a local, non-profit organization that provides assistance to foster families, and we are thrilled to help this organization in their faithful work. There are several ways to volunteer:

1. Provide dinner for participants and volunteers
2. Provide a craft for the participants to engage in during the event
3. Provide a parting gift for parents
4. Assist with set-up
5. Assist with clean-up

While each of these items are critical to the success of the event, they are not exceedingly demanding or time-consuming and are a one-time commitment unless you would like to sign up for multiple events. Due to privacy and safety regulations, Emmanuel members are NOT permitted to be present during the actual respite, so each of these items occurs either before or after the event.

If you would like to help with this special outreach effort, please utilize the QR Code for the event dates – we will host next on **February 8** - and more detailed information. (If you are interested in learning more about becoming a volunteer for Foster the Family, contact Jen at revjen@emmanuelonhigh.org)



Episcopal Reception Gathering During his visit in the fall of this year, our bishop will be "receiving" those who wish to make their commitment to the Episcopal Church official. Reception into any religion/denomination is a significant moment in an individual's spiritual life, and we want to ensure that those who are considering becoming "official Episcopalians" receive the support they need. If you are discerning reception in the fall and are interested in tapping the perspective of others within your Emmanuel family who are doing the same, we invite you to this time of open discussion. Rev. Jen will be present and available to answer any doctrinal, theological, or other miscellaneous questions you might have. We will meet Sunday, **February 9** at 9:00 am in the Memorial Room.

Sportsball Sunday Whether it's college basketball, professional cricket, little league baseball, or The Little Giants (a cute football film circa 1994), all are invited to wear the garb of your favorite sports team proudly Sunday, **February 9**. We hope this unique form of fellowship will spark conversation, new relationships, and no doubt some spirited banter!

“Winter Reflections” an ASF Program Have you ever wanted to start a sketchbook or journaling practice butit never stuck? The Adult Spiritual Formation Committee has the solution: please join us for a 3-Sunday session of writing and art prompts we're calling "Winter Reflections" after the 10:00 am service. Grab a snack, chat and get your coffee first then come to the Memorial Room on **February 9, 16 and 23**. The reflections will include: looking at the world as random color patches, re-interpreting a beloved poem, and slow-drawing patterns. All sessions will be led by Margaret Wohler. Bring your own sketchbook and art supplies or use ours! Margaret will bring all materials and there is no need to RSVP. All ages are welcome to participate and you don't need any discernible artistic talent. Try something new for the New Year!...it might even stick.

Give Blood, Help Save Lives EEC will be hosting a Red Cross Blood Drive on Tuesday, **February 11**, from 8:00 am to 2:00 pm at Virginia Theological Seminary. Rev. Jen will be present the entire day, so there will be a familiar face to welcome you. Please use the QR code below to schedule an appointment, and share this information with friends, family, and on social media. If you cannot give, but would still like to be involved, your presence is more than welcome to help support the volunteers and people there to donate -- contact Rev. Jen for more information.



Diversity Storytime A new program for caregivers and children aged K+. Throughout this ongoing story time series, we will be exploring diversity in all its forms, how God made (and resides in) each and every person, and learning how differences make our world more beautiful. Topics will be addressed age-appropriately and rooted in Episcopal theology.

The theme for this offering is 'Types of Families.' The program begins with a couple picture books related to the day's theme, followed by fellowship time and snacks on the playground (or parish hall depending on the weather). Saturday, **February 15**, 10:00 – 11:00 am. This program is open to the community, so please spread the word to your friends, family, and neighbors!

New Email Addresses for Staff/Clergy Please make note of some changes and additions. Chuck's, Sandy's, and Karen's stay the same.

Rev. Jen Leahey – Associate Rector- Revjen@emmanuelonhigh.org

Dave Leahey- IT and Communications Manager- Tech@emmanuelonhigh.org

Tim Sullivan- Facilities Manager- Facilities@emmanuelonhigh.org (If you email Tim about a facilities issue, please cc: Sandy, as she needs to keep track of the ongoing projects in the building.)

Inclement Weather Policy Emmanuel follows Alexandria City Public School system regarding closings for inclement weather. If Alexandria Public Schools are closed, then Emmanuel is closed as well. All day and evening church activities and meetings are cancelled. This applies to weekdays and weekends. If Alexandria Public Schools have a late opening or an early closing, then we will follow their lead as well. This inclement weather policy includes the 8:00 am and 10:00 am Sunday services. If it is unsafe for the school system to be open, then it is unsafe for our church to be open. God will completely understand — yes, even applaud — your taking care of yourself and others by staying home. In the event of a Sunday closing, an e-mail will be sent by 7:00 am Sunday morning to all who currently receive the weekly e-news and Morning Prayer will be offered via Zoom at 9:00 am. *Exceptions to the policy will be considered by the Rector on a case-by-case basis.

MinistryOne Mobile App Making Emmanuel Available at Your Fingertips!

Have you downloaded Emmanuel’s mobile app? The app provides great benefits for Emmanuel parishioners. With the app you can:

- Access the parish directory from your phone no matter where and when you need it!
- Click on the calendar to see what’s happening today, next week and next month!
- Update your family membership profile information, including adding a photo. **(To add a photo, go to “Profile” – “Edit Profile” – then follow instructions.)**
- View your giving data and pledge status anytime.

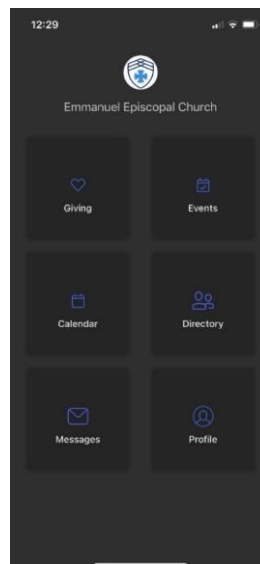


How do you download the **MinistryOne** mobile app?

Download MinistryOne from the app store, choose Emmanuel Episcopal, Alexandria, log in with your email and cell phone number. (If either or neither of these is on your profile in our database, email them to the office, office@emmanuelonhigh.org, for input. Otherwise, you will not be able to log in.) If you have questions or need assistance, contact Karen in the office.

The screen will look like this:

Join and stay connected!



Emmanuel Prayer List

When you pray for your loved ones, you don't really need words. If a loved one is in need of healing, remember the story of the four friends holding up their paralyzed friend on a mat before Jesus. Without words, just imagine holding your loved one before Jesus. It can be very hard work. But they didn't give up. And neither should we. -Br. Geoffrey Tristram

Patricia Adams – friend of Sally Masri, late-stage multiple myeloma

Randy Aumsbaugh – friend of Donna Thompson, battling cancer

Steve Beggs – son of Lola and Ham Beggs, at home rehabilitating from a traumatic brain injury

Igor Bosnjak – parent of EPS family

Kathy Bosse – friend of Doris Rudolph, diagnosed with breast cancer

Laurence Britt – son of Barbara Huffman, requesting prayers for healing

Richard Brown – friend of Doris Rudolph, being treated for a brain tumor

Diane Casto – mother of Chris Massey, very ill

Susan Connolly – friend of Gail Eger, waiting for a liver transplant

Emmy Cresky – friend of Donna Thompson, fighting breast cancer

Erin Dorsk – friend of Jennifer Jones, undergoing treatment for breast cancer

Diane Fetters – friend of Nancy Kuhn, in hospice care

James Epes Grigg – father of Jane Grigg, battling health issues

Hayden Hopkins – friend of Kate Bartholomay, in need of a heart and kidney transplant

Will Johnson – grandson of a friend of Doris Rudolph, battling drug addiction and other medical issues

Tony Kasik – son of Mary & Phil Kasik, living with chronic heart disease

Nancy Kuhn – multiple myeloma

Katie Leahey – daughter of Rev. Jen, for comfort and healing

Ginny Mallisee – friend of Nancy Kuhn, in hospice care

Maryann McGarry – friend of Doris Rudolph, cancer recurrence

John Scates – relative of Stewart Bartley, recovering from a heart attack

Chad Schantz – nephew of Nan DeRenzi and Laura Bishop, continuing cancer treatment

Mary Scichili – mother of Dave Anderson, undergoing immunotherapy for melanoma

Tim Slade – friend of Hayes Willingham, in treatment for cancer

Lora Smolenski – sister of Amy Ernst, suffering with leukemia

Danille Thalmann – niece of Gail Eger, diagnosed with cancer

Mark Turner – brother-in-law of Hayes & Jode Willingham, undergoing treatment for cancer

George Tuttle – husband of Barbara Harslem, major health problems

Kellie Valentine – friend of Judi Brush, being treated for breast cancer

Mary Anne Weber – mother of Doug Weber

Hayes Willingham - expecting a baby in May

Kathy Woodley – friend of Sally Masri, blood and kidney cancer

Eileen

John – son of Donna Thompson

Mareya – friend of Doris Rudolph, at 16 years old, diagnosed with type 1 diabetes

Sarah & Phillip – niece and nephew of Meredith Wade, facing health and career challenges

For **Dave** Konesni, friend of Nancy Kuhn, and **Leonard and Patricia Kline**, friends of Sandy Esquivel, who have died and now rest peacefully in heaven.

For our partner parish, we pray **for the work of Ste.** Croix, Léogâne, Haiti supported by our International Ministry.

For the Hussainzadas family from Afghanistan supported by our Refugee Ministry.

We pray for the ALIVE! family, for all staff, volunteers, supporting congregations, donors, and the individuals and families who receive aid through ALIVE!'s programs.

In the Virginia Cycle of Prayer, we pray in thanksgiving for the congregations, clergy, and staff Christ Church in Brandy Station, Emmanuel in Greenwood, and St. Christopher's in Springfield.

In the Anglican Communion of Prayer, we pray for The Church of Aotearoa, New Zealand and Polynesia.



Clergy and Staff

The Rev. Charles C. McCoart, Jr., *Rector*
The Rev. Jennie M. Leahey, *Associate Rector*
Mr. Ryan Fitch, *Director of Music*
Ms. Sandy Esquivel, *Parish Administrator*
Ms. Karen O’Hern, *Administrative Assistant*
Mr. David Leahey, *Communications & IT Manager*
Mr. Tim Sullivan, *Facilities Manager*
Ms. Nicole Crochet, *Preschool Director*
Ms. Lilian Urrea, *Nursery* · Ms. Jeni Rivera, *Nursery*

2025 Vestry

Mr. Anne Reinke, *Senior Warden* · Ms. Laura Bishop, *Junior Warden*
Mr. Bob Carragher · Mr. Leo Cruz · Ms. Nancy Dupree · Ms. Nancy Kuhn
Ms. Lauren Maxey · Ms. Emily McNaughton · Ms. Kerin Ord · Ms. Pauline Porter
Ms. Doris Rudolph · Mr. Christian Simpson · Mr. Chuck Thomas
Ms. Sarah Kolo, *Clerk* · Mr. Gene Lange, *Treasurer*



Office Hours

10:00 am to 2:00 pm (Monday–Friday)

Pastoral Emergencies

Rev. McCoart 703-795-5231

Visit us on social media:

 @Emmanuel Episcopal Church, Alexandria
 @emmanuelepiscopalax

